









Volunteer in Brazil *Sample Itinerary**

This volunteer experience in Rio De Janeiro, Brazil offers a unique opportunity to make a meaningful impact on the local community while experiencing the rich history and culture of this incredible region. Participants will volunteer in areas such as childcare at after-school and recreation programs or youth sports programs. During the week, you will volunteer 3-5 hours a day and spend the rest of your time interacting with locals and discovering the fascinating local culture and cuisine. Participants will also contribute to the host economy by supporting local shops and restaurants, and with lodging in a characteristic and comfortable accommodation that is locally owned and operated.





Volunteer Areas of Focus
Childcare, Youth Sports







DAY 1

DAY 3

DAY 9

DAY 11

DEPART U.S. FOR BRAZIL

ARRIVE IN RIO DE JANEIRO

DAY 2 Arrive in Rio. You'll be met by y

Arrive in Rio. You'll be met by your local guide and transfer to your lodging. Dinner at local restaurant.

VOLUNTEER SITE ORIENTATION & TRAINING

Your local guide will accompany you to your volunteer placement for training.

DAY 4 VOLUNTEER & GUIDED FAVELA TOUR

Half-day volunteer activities. Afternoon in-depth tour of the Rocinha favela.

DAY 5 VOLUNTEER & BRAZILIAN COOKING CLASS

Half-day volunteer activities. Afternoon cooking lesson including the preparation of traditional Brazilian dishes, with dinner.

DAY 6 VOLUNTEER & FREE AFTERNOON

Morning volunteer activities. Afternoon free for independent activities.

DAY 7 EXCURSION TO PARQUE NACIONAL SERRA DOS ÓRGAOS

Day trip to explore the peaks and forests of this national park.

DAY 8 EXCURSION TO ARRIAL DO CABO

Day excursion to this beautiful coastal town for beaches & watersports.

VOLUNTEER & SANTA TERESA NEIGHBORHOOD

Half-day volunteer activities. Afternoon visit to Santa Teresa neighborhood.

DAY 10 VOLUNTEER & FREE TIME

DEPART BRAZIL

Half-day volunteer activities. Enjoy free time to explore independently.

Transfer to airport for return flight to the U.S. or continue on journey.

*This is a *sample itinerary;* all trips are unique and customized to meet our client's preferences and local needs





DEPART U.S. FOR BRAZIL

Group departs U.S. on a flight for Brazil.



ARRIVE IN RIO DE JANIERO & SETTLE IN

Arrive in Rio De Janeiro. You'll be met by your guide and then transfer to your accommodations for check-in. After settling in, you'll have dinner at a nearby restaurant.



VOLUNTEER SITE ORIENTATION

This morning you'll visit your volunteer site with your guide. The on-site coordinator will offer an overview of the organization's mission and operations and lead a tour of the facility. You'll be trained on your tasks and responsibilities for the week and jump right in and begin working.



VOLUNTEER & GUIDED FAVELA TOUR

Today you'll volunteer in the morning. After lunch, you'll have an in-depth local experience with a walking tour of one of Rio's favelas, Rocinha. Follow your English-speaking resident guide to get an insider's perspective on daily life and learn about the challenges these communities face.



VOLUNTEER & BRAZILIAN COOKING CLASS

Today you'll volunteer during the morning. In the afternoon, you'll enjoy a Brazilian cooking class. Learn to make the delicious Brazilian food, from simple recipes using ingredients found worldwide with this fun, hands-on cooking class in Copacabana. Choose from 2 mouth-watering menus, and then enjoy your own delicious Brazilian meal.



VOLUNTEER & FREE AFTERNOON

Today you'll volunteer during the morning. The afternoon is free for you to explore the city. Relax on the famed Copacabana Beach or visit the giant concrete white statue of Christ the Redeemer with its hands spread, overlooking the mountainous landscape and beaches of the city. The statue has been guarding Rio de Janeiro already for more than 90 years towering on Corcovado Mountain.





DAY EXCURSION TO THE SERRA DOS ORGAOS NATIONAL PARK

This national park is famous for its wild forest, exotic animals and 10 peaks higher than 2,000 meters. There are various hiking trips, rock climbing and natural pools to enjoy and this can be done through a local company. One hiking path is 0.8 miles and is suspended 30 feet above the floor, offering a unique perspective of the forest and the mountain range.



DAY EXCURSION TO ARRIAL DO CABO

Depart this morning for a day-trip to the stunning Arrial do Cabo, with its clear waters and white sands, and diverse sea life. Take a boat trip to visit some of the other natural attractions there such as Praia do Forno and Praia do Farol, two gorgeous beaches, as well as visit caves and see dolphins.



VOLUNTEER & EXPLORE SANTA TERESA NEIGHBORHOOD

This morning you'll volunteer at your placement site. Following lunch, you have time to explore Santa Teresa, considered one of Rio's most beautiful. Santa Teresa boasts steep hills, hairpin curves and colonial architecture. Wander the picturesque cobbled streets, enjoy the views across Guanabara Bay, and stop in at one of the many neighborhood bars and you'll feel the magic that infuses this unique corner of Rio.





VOLUNTEER & FREE TIME

This morning you'll spend your final day volunteering at your placement site. Following lunch, you have the afternoon free to spend time at the beach, exploring your favorite local spots or saying farewell to your new found friends.

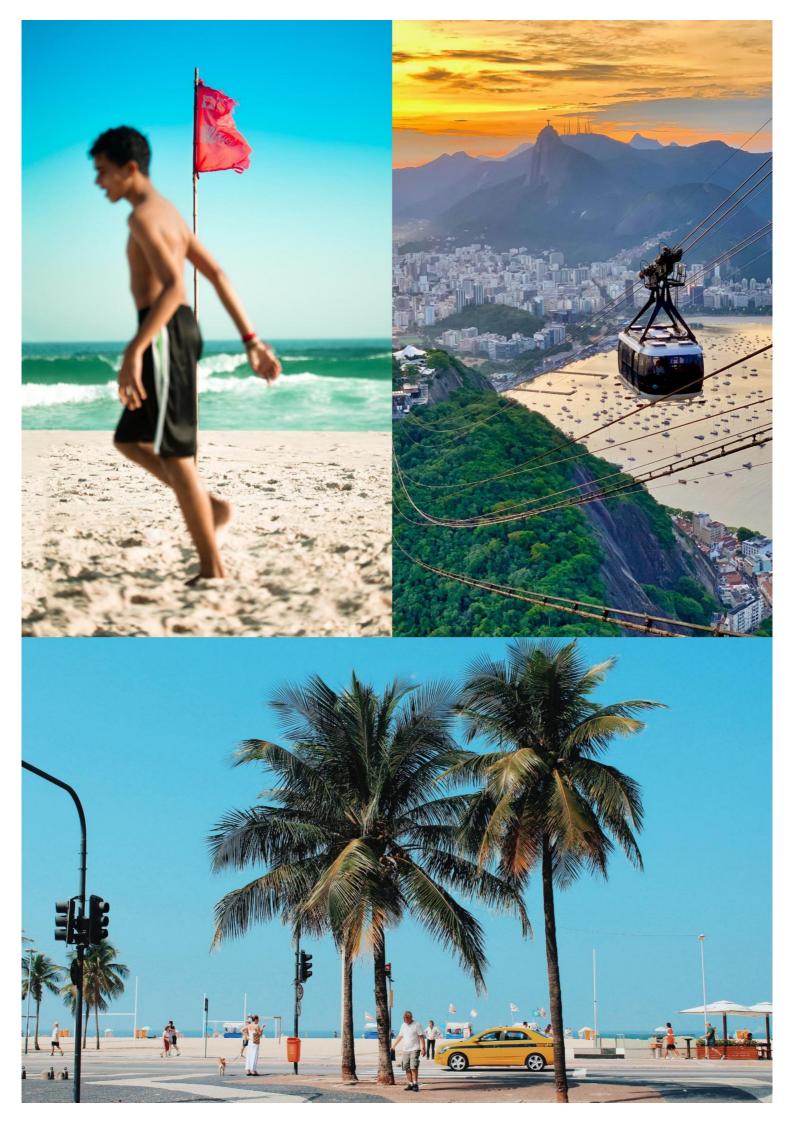


DEPART BRAZIL FOR U.S. OR CONTINUE ON JOURNEY

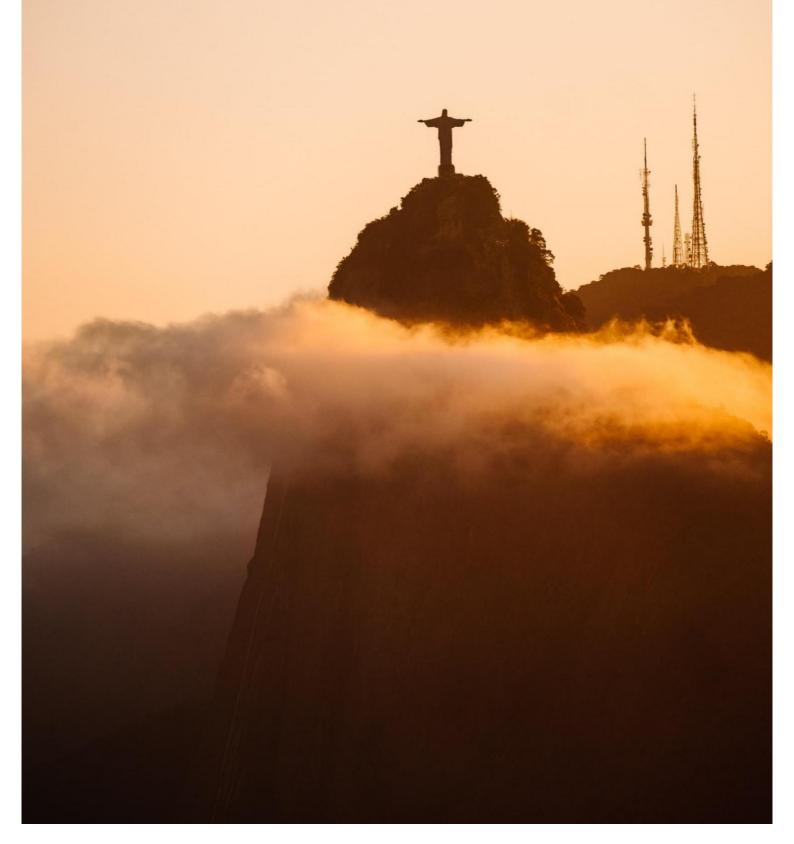
This morning you will be transferred to the airport for the flight to the U.S. or to your next destination.







DISCOVER THE BEST OF BRAZIL & MAKE A DIFFERENCE







Contact us, and our travel specialist would be happy to assist on your upcoming group trip.







+1 512 - 345 - 3100



info@mltours.com



www.mltours.com









