



## Volunteer in Guatemala

### *Sample Itinerary\**

This volunteer experience in Antigua, Guatemala offers a unique opportunity to make a meaningful impact on the local community while experiencing the fascinating history, charming architecture, and rich culture of this colonial city. Participants will interact with local residents of all ages while volunteering in areas such as childcare and working with the elderly. During the week, you will volunteer 3-5 hours a day and spend the rest of your time interacting with locals and discovering the fascinating local history, culture, natural beauty, and cuisine. Participants will visit Mayan ruins and enjoy a traditional cooking lesson, as well as contributing to the host economy by supporting local shops and restaurants, and with lodging in a characteristic and comfortable accommodation that is locally owned and operated.

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**Program Length**  
8 days
- 
**Program Type**  
Volunteer
- 
**Volunteer Areas of Focus**  
Childcare, Working with the Elderly

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## *Itinerary at a Glance\**

- DAY 1** **DEPART U.S. & ARRIVE IN GUATEMALA CITY**  
Arrive at La Aurora International Airport. You'll be met by your local guide and transfer to your lodging in Antigua. Dinner at local restaurant.
- DAY 2** **VOLUNTEER SITE ORIENTATION & TRAINING**  
Your local guide will accompany you to your volunteer site for training.
- DAY 3** **VOLUNTEER & ANTIGUA CITY TOUR**  
Half-day volunteer activities. Guided tour of this beautiful colonial city.
- DAY 4** **VOLUNTEER & FREE TIME**  
Half-day volunteer activities. Enjoy a free afternoon to relax and enjoy the city.
- DAY 5** **VOLUNTEER & GUATEMALAN COOKING CLASS**  
Half-day volunteer activities. Afternoon cooking lesson including the preparation of a traditional Guatemalan meal, including dinner.
- DAY 6** **VOLUNTEER & VISIT IXIMCHE MAYAN RUINS**  
Morning volunteer activities. Guided visit to Mayan archaeological site.
- DAY 7** **VOLUNTEER & FREE TIME**  
Half-day volunteer activities. Enjoy free time to independently explore Antigua.
- DAY 8** **DEPART GUATEMALA**  
Transfer to airport for return flight to the U.S. or continue on journey.

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# Volunteer in Guatemala

## Sample Detailed Itinerary\*



### DEPART U.S. & ARRIVE IN GUATEMALA CITY

Arrive at La Aurora International Airport where you'll be met by your guide and then transfer to your accommodations in the colonial city of Antigua. After check-in, you'll settle in and have dinner at a nearby restaurant.



### VOLUNTEER SITE ORIENTATION

This morning you'll visit your volunteer site with your guide. The on-site coordinator will offer an overview of the organization's mission and operations and lead a tour of the facility. You'll be trained on your tasks and responsibilities for the week and jump right in and begin working.



### VOLUNTEER & ANTIGUA CITY TOUR

Today you'll spend the morning working at your volunteer placement. The afternoon you'll have a tour with a local English-speaking guide. Antigua is a small city surrounded by volcanoes and is renowned for its Spanish colonial buildings. You'll visit notable sites including San Francisco Church, Calle del Arco and Casa del Jade, and learn the history of this UNESCO World Heritage Site.

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# Volunteer in Guatemala

## Sample Detailed Itinerary\*



DAY 4

### VOLUNTEER & FREE TIME

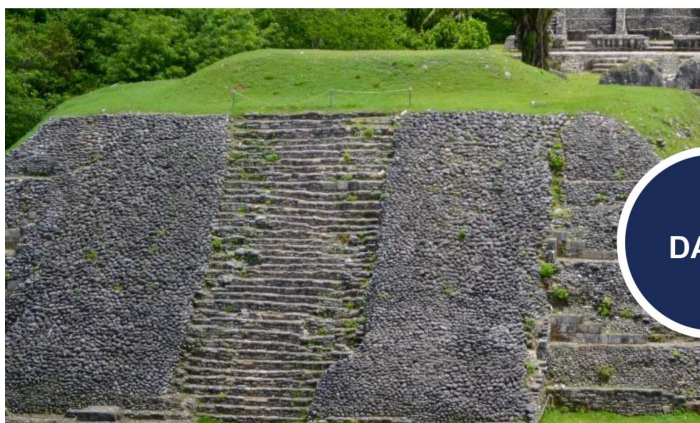
This morning you'll volunteer at your placement site. Following lunch, you have free time to relax, do some shopping, explore the local market, and stroll through this picturesque city.



DAY 5

### VOLUNTEER & GUATEMALAN COOKING CLASS

Today you'll volunteer during the morning. In the afternoon you'll experience an authentic private Guatemalan cooking class. First, you'll tour the local markets with a local guide and proceed to your lesson at a cooking school in Jocotenango village, and learn to make typical Guatemalan food. Then, savor your creations with your hosts on a rooftop terrace overlooking the Agua Volcano or in a colonial-style dining room.



DAY 6

### VOLUNTEER & EXCURSION TO IXIMCHE MAYAN RUINS

Today you'll volunteer during the morning and then depart for Iximché Mayan Ruins. Visit the Pre-Columbian Mesoamerican archeological site, which served as the first capital of the Late Postclassic Kaqchikel Maya kingdom from 1470 until its abandonment in 1524. The architecture of the site included a number of pyramid-temples, palaces and two Mesoamerican ballcourts.

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# Volunteer in Guatemala

## Sample Detailed Itinerary\*



DAY 7

### VOLUNTEER & FREE TIME

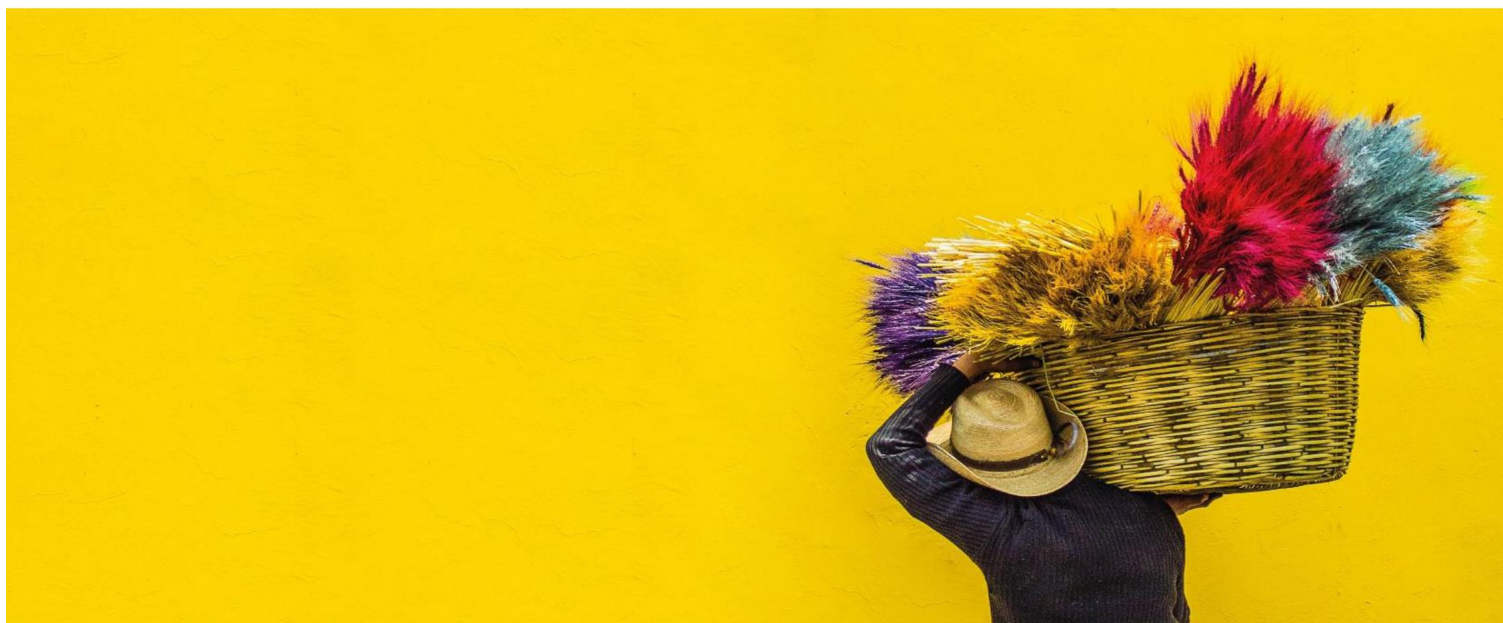
This morning you'll spend your final day volunteering at your placement site. This afternoon you'll have free time to explore Antigua one last time and say farewell to your newly made friends.



DAY 8

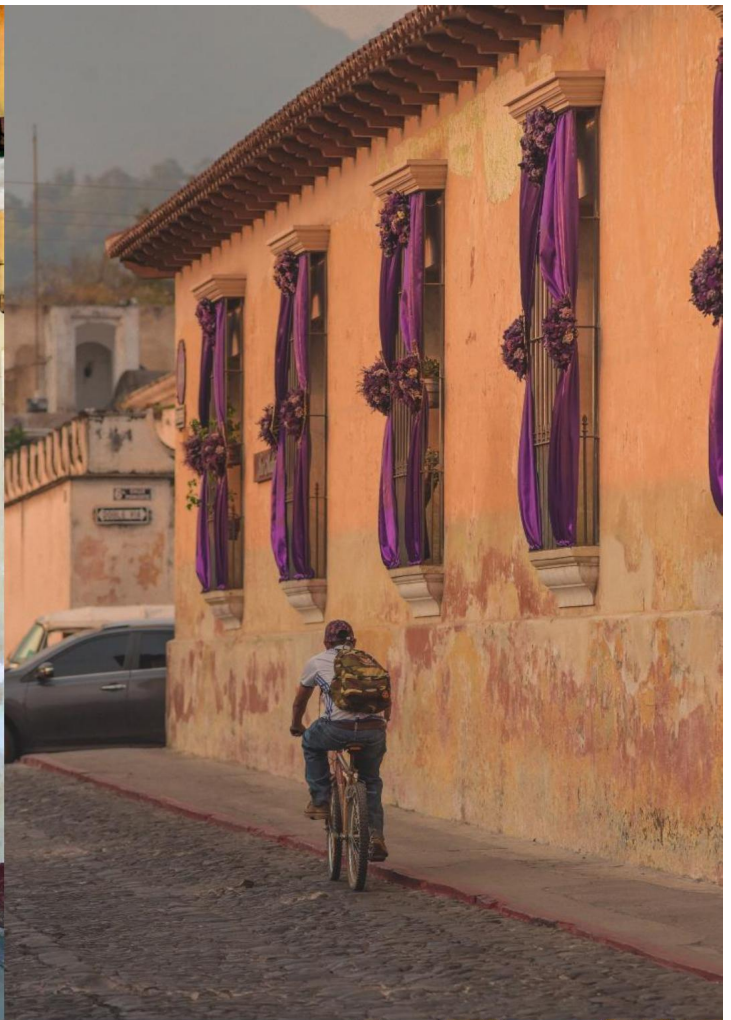
### DEPART GUATEMALA FOR U.S. OR CONTINUE ON JOURNEY

This morning the group will be transferred to the La Aurora International Airport in Guatemala City where you'll depart on your flight to the U.S. or travel to your next destination.



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**DISCOVER THE BEST  
OF GUATEMALA &  
MAKE A DIFFERENCE**







Contact us, and our travel specialist would be happy to assist on your upcoming group trip.



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